From Womb to tomb:

Sacred plant medicines
Entheogens vs. Ibogaine

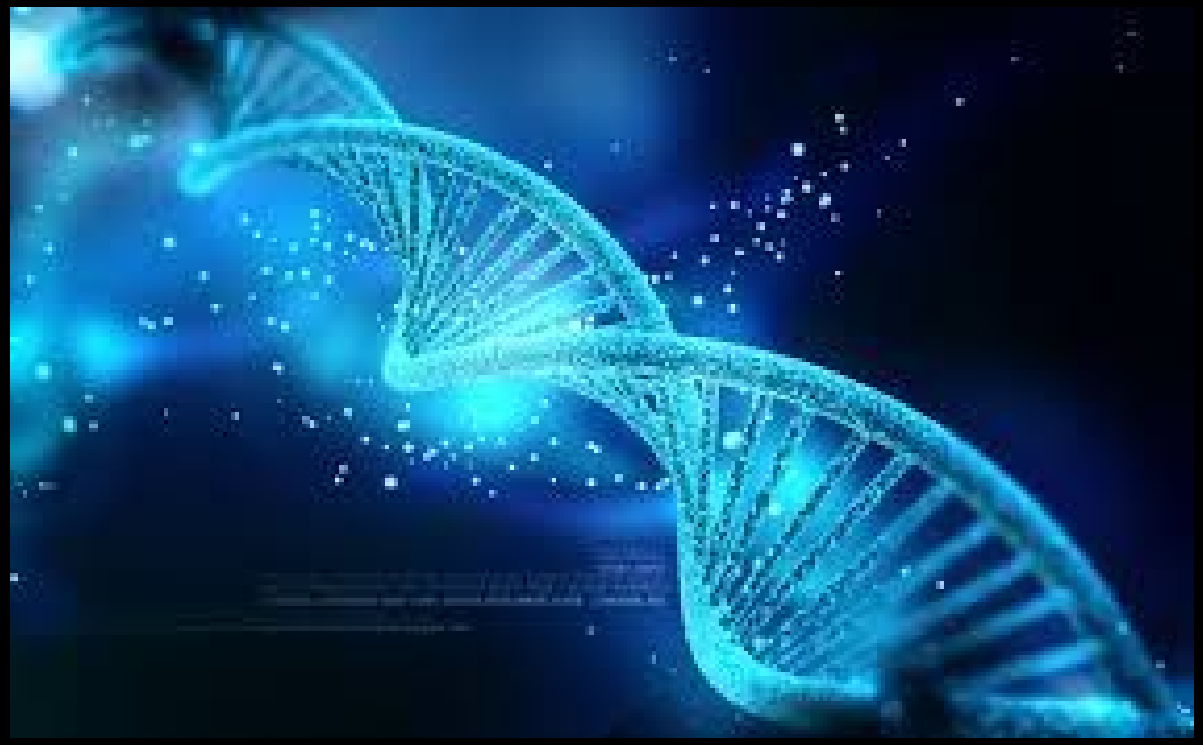
So what's so special about Ibogaine?

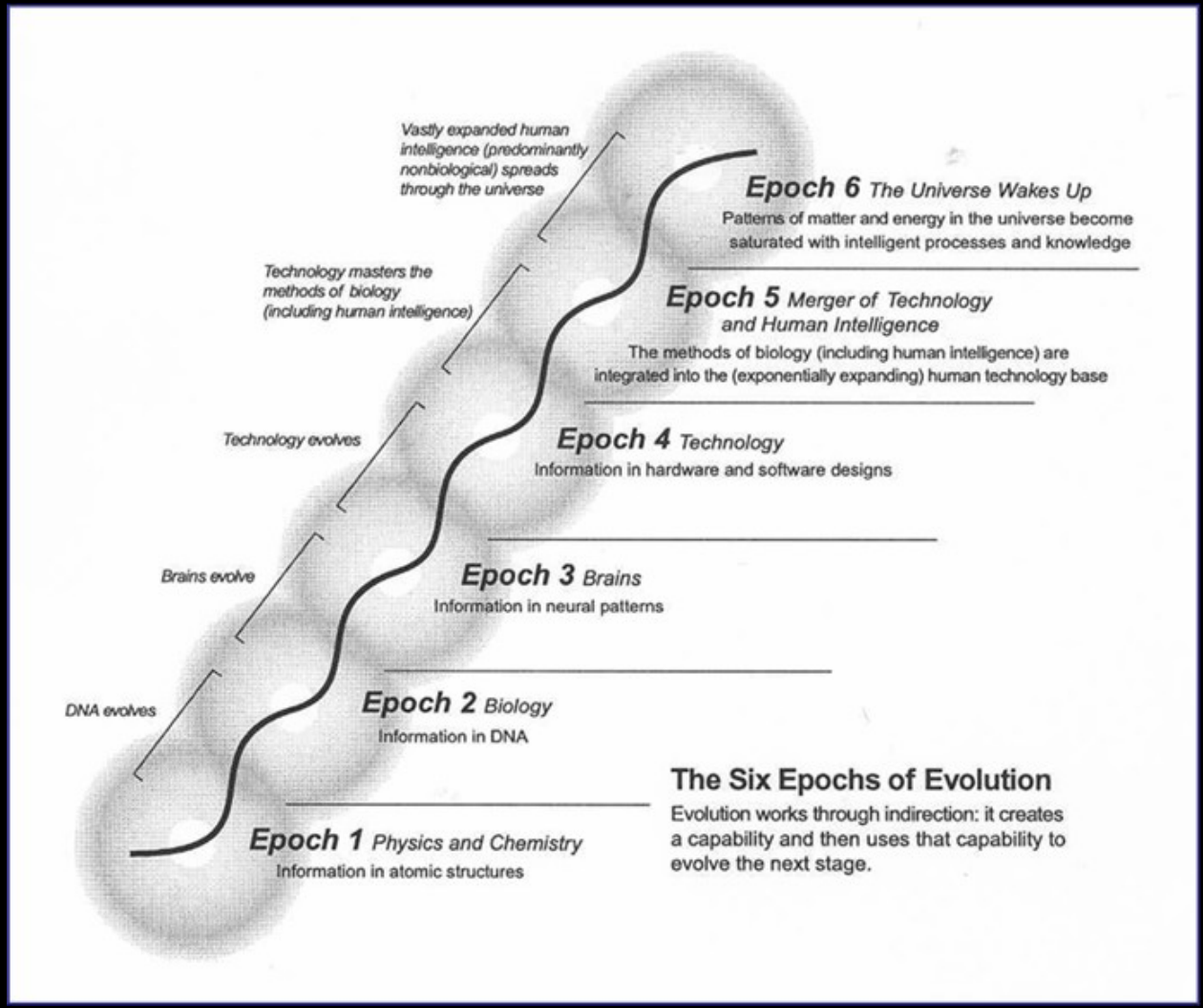
JEFFREY KAMLET, M.D.

Our lives are not our own. From womb to tomb, we're bound to others.
Past and present. And by each crime and every kindness, rebirth our future.

- Most of us in a self centered model of ”sense of self” consider us to be the master beings on this planet.
- Then why do we act the way we do? What’s the purpose of hormones that create sexual drive, what is the purpose of fashion, why does the alpha seek to match with the alpha?

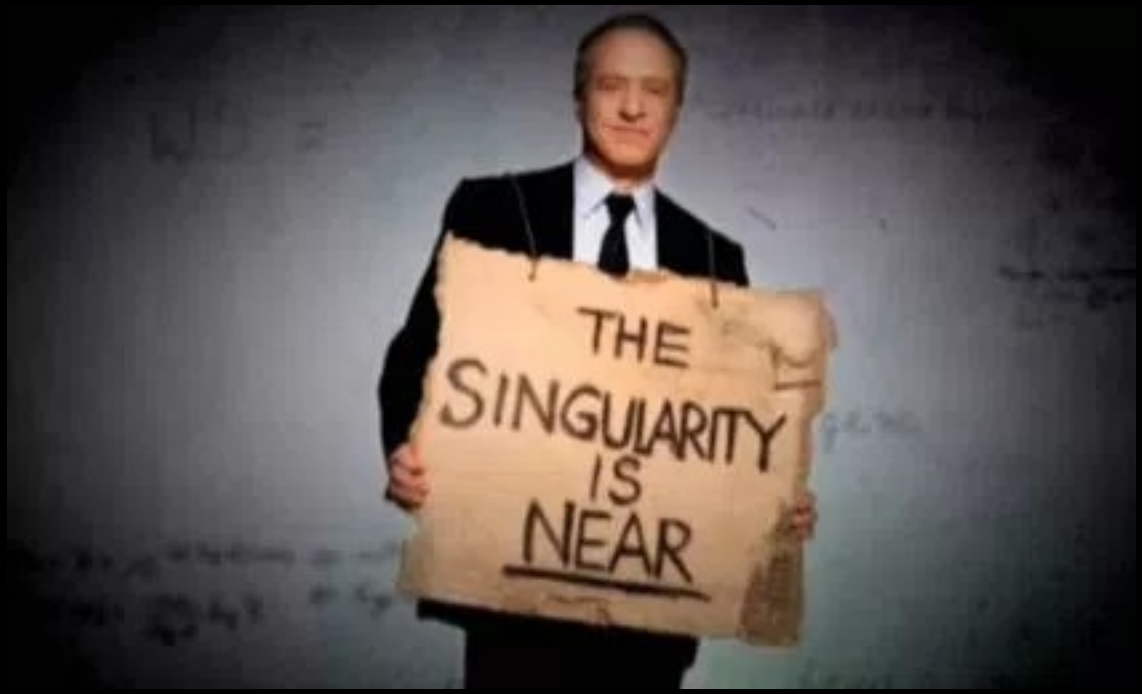
DNA THE MASTER





www.KamletMD.com

The age of the spiritual machines



Raymond Kurzweil

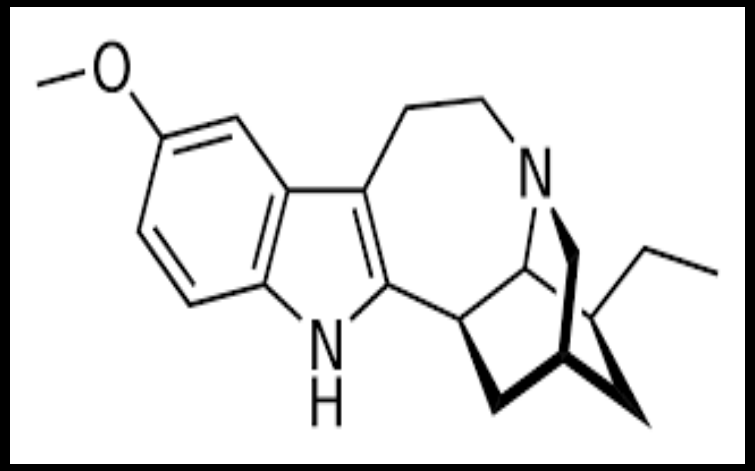
THE PAINFUL SEPARATION OF MAN FROM NATURE

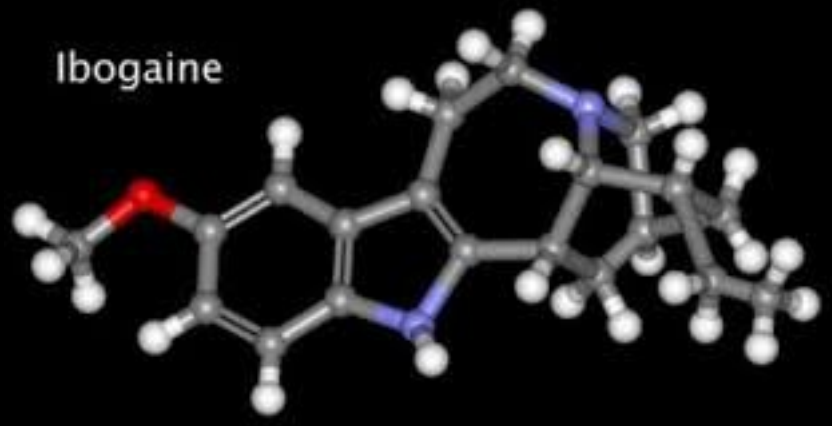
- With “man against self” conflict, the struggle is internal. This is a conflict that is usually associated with an external conflict. A character must overcome his own nature or make a choice between two or more paths- good and evil; logic and emotion

www.KamletMD.com

The same force that powers the lightning powers the signals between our brain synapses

The Similarities and Difference Between Entheogenics and Ibogaine





How do entheogenic plant based drugs work and why

Natural vs. Synthetic

- Peyote
- Magic mushrooms
- Iboga
- DMT- 5 MeO derivatives – ayahausca
- Morning glory seeds

- Even LSD is my from lysergic diethhyl amide which come from “Ergot fungus”

- So can we tap into universal consciousness through the proper use of plant based chemicals and is that experience a healing and thus entitled to be called medicine.

www.KamletMD.com

Non plant based Plant teachers.

25I-, 25C-, and 25B-NBOMe on Blotter
Photo by MrSouL517. © 2017 Erowid.org

www.KamletMD.com

We are all connected to nature but limited by our 5 senses as t0 what our paradigm is

- The Bwiti- Iboga – the forest plant
- Plants communicate with each other.
- Can we communicate with plants?
- Can we tap into genetic memory?
- Can we learn proper behavior and get closure to previous traumas through medically assisted entheogenic treatments?

Hallucinogenic

Hallucinogen: A drug that causes hallucinations (profound distortions in a person's perceptions of reality). Under the influence of hallucinogens, people see images, hear sounds, and feel sensations that seem real but do not exist.

Schizophrenia vs. the Spiritual Experience.

Modern medicine has a lot to learn.

During the proper use of plant teacher medicines ie; Ibogaine, no wrong associations are being made unless there is schizotypal tendencies in the consumer prior to treatment.

IF the visions are random and Don't EXIST ARE THEY UNREAL ?

- They are as real and life itself but not always accessible to our conciseness
- The brains ego protective mechanisms allow us to deal which each disconnection, insult, lie and ego that we need to survive in this " hallucination" called life.
- The hallucination of womb to tomb
- So if we are to except the experience as being random and not being "real" then what is the most potent hallucinogenic substance on the planet?

OXYGEN

12 Defense Mechanisms: Sigmund Freud	
1	**Compensation:** Strengthen one to hide another.
2	**Denial:** Refuse to face a negative behavior.
3	**Displacement:** Take it out on someone else.
4	**Identification:** Attach to something positive.
5	**Introjection:** Conform feelings for approval.
6	**Projection:** See your faults & foibles in others.
7	**Rationalization:** Excuse and justify mistakes.
8	**Reaction Formation:** Pretend you are different.
9	**Regression:** Act much younger to feel better.
10	**Repression:** Putting things into darkness.
11	**Ritual & Undoing:** Override negative with habit.
12	**Sublimation:** Divert negative into acceptable.

Copyright © 2017 by Kevin Everett FitzMaurice https://kevinfitzmaurice.com

So what is there to learn from “plant teachers”.

- These medicines have value in many fields of medicine and psychiatry
- There are similarities among the experiences with different plant substances and yet each is very unique.
- Despite all the knowledge we may gain from plant teachers, the answer of womb to tomb evades us.
- I have to ask myself why and thus why am I here.
- Don’t get lost down the RABIT HOLE
- An exam or practicum where the answers are not know but must be given is known as a “TEST”.
- THE TEST IS LIFE ITSEF . SPRITUAL MACHINES WITH A CHOICE.

The ultimate test: Life

- Can I learn proper behavior from ingesting scared plants.
- Yes.
- Still the answers I seek elude me.
- SO WHATS SO DAMN SPECIAL ABOUT IBOGAINE WHEN MANY PLANTS AND PERHAPS SYNTHETICS VARIATIONS CAN DO THIS.

THE IBOGAINE EXPANDING MASS

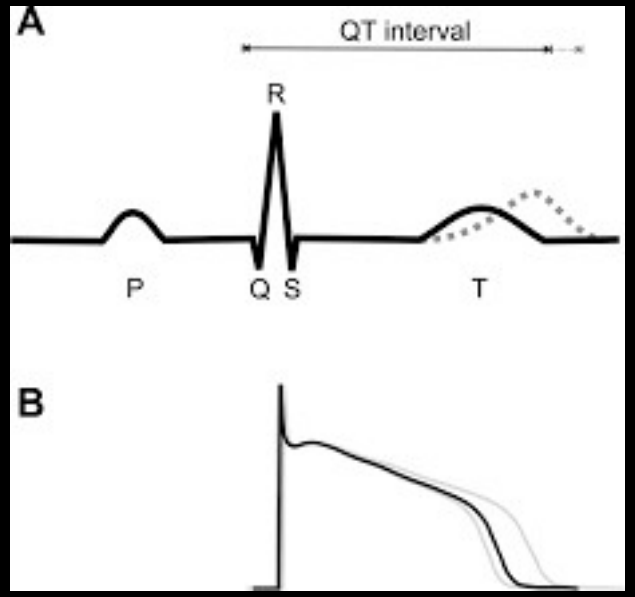
- THIS IS THE ONLY SUBSTANCE ON THIS PLANET KNOWN TO DATE TO AMELIORATE OPIATE WITHDRWAL AND POST ACUTE WITHDRAWAL SYNDROME (PAWS).
- IBOGAINE AS RELAPSE PREVENTION DRUG
- IBOGAINE MICRO-DOSING TO FACILITATE SLOW OPIATE AND OR BUPRENORPHINE/METHODONE TAPERING AS AN OUTPATIENT
- IBOGAINE AS ANTI- VIRAL
- IBOGAINE AND PARKINSONISM
- IBOGAINE AND REBUILDING NEW NEURAL PATHWAYS / GDNRP
- IBOGAINE AS A PAIN MEDICATION.
- IBOGAINE AS A CARDIOLOGIC DRUG.

WHAT'S BEEN PROVEN IN TREATING ADDICTION WITH IBOGAINE HCL

- FLOOD DOSING FOR OPIATE ADDICTION- YES
- PREVENTING RELAPSE FOR ALCOHOL AND COCAINE ABUSE- YES
- CRACK, CRYSTLE METH, ETC +/-
- BENZOPDIZEPINES – NO
- IBOGAINE IS THE ONLY DRUG THAT DOES NOT REQUIRE STANDARD PHARMACUETICAL DETOX BEFORE IBOGAINE FLOOD DOSING FOR SHORT ACTING OPIATES.
- CAUTION: LONG ACTING OPIATES, ALCOHOL, BENZOS, SYNTHETICS, CENTRALLY ACTING DRUGS, ETC.
- Patients with Vivitrol on board.

IBOGAINE CARRIES UNIQUES SAFTEY RISKS NOT SEEN IN OTHER ENTEOGENICS.

- Bradycardia
- Hypotension
- QT/ QTc, prolongation
- Torsades
- ” Hyper Excitable Heart syndrome”
- → ventricular arrhythmia's : possibly lethal
- Hyper serotonin syndrome
- Malignant hyperthermia

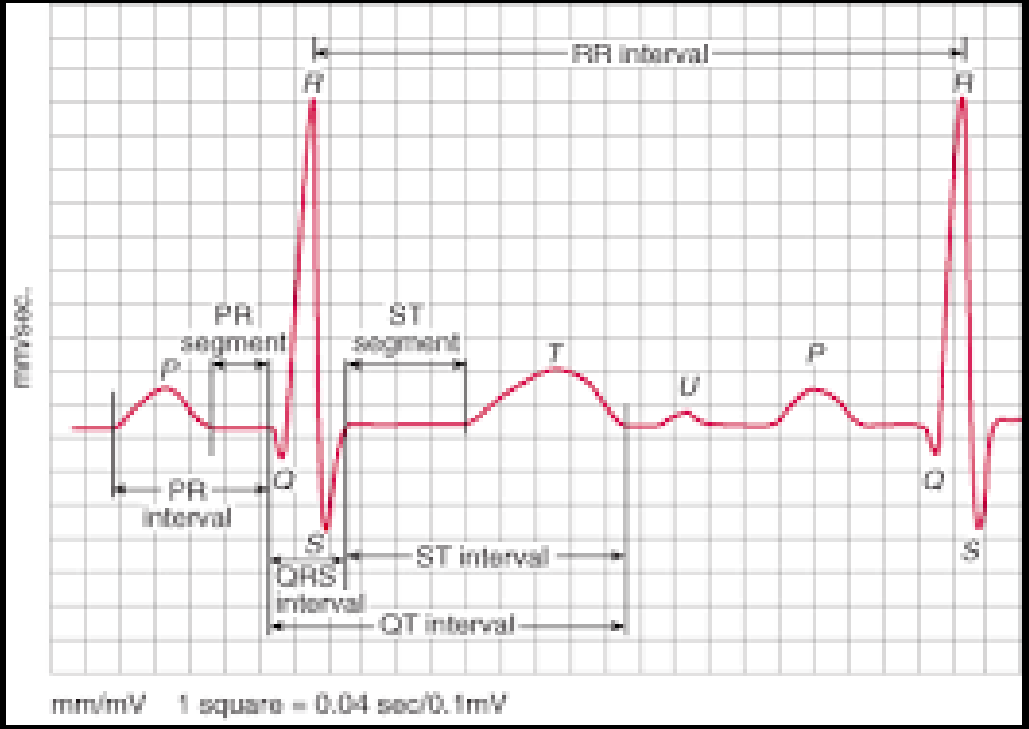


www.KamletMD.com

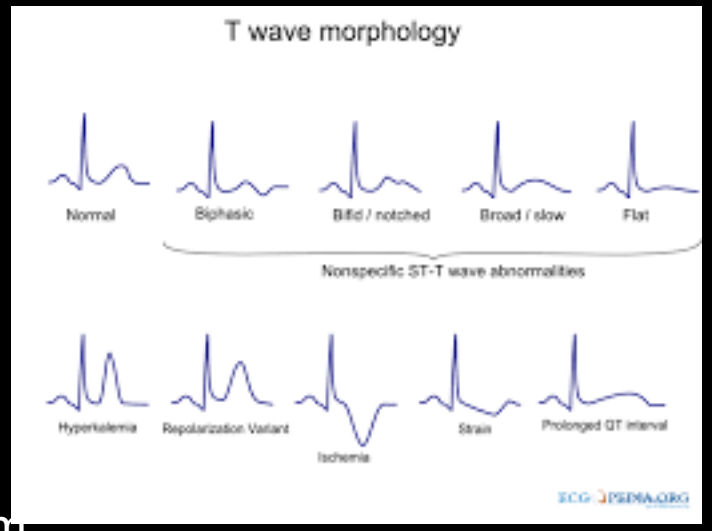
The bizarre t wave mystery

- **hERG** (the **h**uman *Ether-à-go-go*-**R**elated **G**ene) is a gene (*KCNH2*) that codes for a protein known as **Kv11.1**, the alpha subunit of a potassium ion channel. This ion channel (sometimes simply denoted as 'hERG') is best known for its contribution to the electrical activity of the heart that coordinates the heart's beating (i.e., the hERG channel mediates the repolarizing *I*Kr current in the cardiac action potential). When this channel's ability to conduct electrical current across the cell membrane is inhibited or compromised, either by application of drugs or by rare mutations in some families,[5] it can result in a potentially fatal disorder called long QT syndrome ; a number of clinically successful drugs in the market have had the tendency to inhibit hERG, and create a concomitant risk of sudden death, as a side-effect, which has made hERG inhibition an important antitarget that must be avoided during drug development.[6]hERG has also been associated with modulating the functions of some cells of the nervous system[7] and with establishing and maintaining cancer-like features in leukemic cells.[8]

Normal t-waves



BIZARRE T-WAVE MORPHOLOGIES



www.KamletMD.com

Herg blockade of Ibogaine vs. nor ibogaine.

- *Ibogaine also increases the levels of glial cell linederived neurotrophic factor, a result related to its antiaddictive properties (He et al., 2005). Ibogaine may have important cardiotoxic effects mediated by its action at hERG potassium channels, resulting in prolongation of the QTc interval (Alper et al., 2016;Koenig, Kovar, Boehm, Sandtner, & Hilber, 2014;***Koenig et al., 2013;****Thurner et al., 2014), an effect related to fatalities after ingestion of the ibogaine or other materials, such as plant extracts (Alper, Stajic, & Gill, 2012). In previous research with retrospective methodology, it was shown that a treatment combining ibogaine with cognitive therapy facilitated prolonged periods of abstinence (median of 5.5 months with one ibogaine session and 8.4 months with multiple ibogaine sessions) in drugdependent patients who were considered as polyusers of alcohol, cannabis, cocaine, and crack (Schenberg,de Castro Comis, Chaves, & Da Silveira, 2014).*

IS HERG BLOKADE THE ANSWER?

- PER ALPER ET-AL, NORIBOGAINE IS AS POTENT A HERG BLOCKER AS IBOGAINE.
- YET THIS DOES DOES APPPEAR TO HOLD TRUE IN PRACTICE
- WHEN A FLOOD DOSE IS GIVEN AND IBOGAINE IS BEING CONVERTED IN THE LIVER TO NORIBOGAINE, THE T WAVE CHANGES APPEAR, PEAK AND ALWAYS DISAPPEAR IN LESS THAN 24 HOURS.
- THE QUESTION IS: *WHY WOULD THE T WAVE CHANGES NORAMLIZE IF THE LONG ACTING METABOLITE NOR-IBOGAINE IS AS POTENT IN HERG BLOCKADE AS IBOGAINE ITSELF?*

SO WHERE SHOULD OUR FOCUS BE IF WE ARE EVER GOING TO GET THIS DRUG LEGALIZED IN THE UNITED STATES?

IBOGAINE HAS VAST POSSIBILITIES AS MEDICINE ASIDE FROM BEING A PLANT TEACHER YET…

- IBOGAINE IS THE ONLY SUBSTANCE ON OUR PLANET THAT AMELIORATES OPIATE WITHDRWAL SYMPTOMES WITHIN HOURS AND GREATLY IF NOT COMPLETELY AMELIORATES ”PAWS”.
- THIS MAKES IT VERY SPECIAL AND VERY TIMELY WHEN WE ARE FACING AN EVER INCREASING OPIATE EPIDEMIC.
- HOW MANY LIVES COULD BE SAVED IF A SAFE AFFORDABLE MEDICAL MODEL OF IBOGAINE DETOX COULD BE MADE AVAILABLE IN THE U.S. AND THE WORLD.

LIKE ANY OTHER MEDICAL PORCEEDURE – STANDARDS OF CARE NEED TO BE SET AND FOLLOWED

- Pre patient selection and testing
- Inclusion and exclusion criteria
- Who is qualified to do a treatment?
- Standardization of product given.
  - We must all be using the same chemical if we are to analyze the data.
- What happens during a treatment and what protocols are to be followed?
- What is needed after treatment to insure success and what is success?

Ibogaine is NOT the cure for addiction

- Ibogaine in my opinion is “the most important discovery in the history of addiction medicine when it comes to opiate detoxification”.
- Is it a success when the patient leaves your clinic in the absence of withdrawal without any mortality or morbidity?
- Success should be defined as sustainable recovery i.e. who is clean at 6, 12, 18, 24 months etc.
- Sustaining recovery is not achievable by adding other entheogenic drugs post Ibogaine. In certain select cases this may be of value but as a standard protocol this expert disagrees. We are treating addiction not selling spiritual experiences. This avoidance of mind and mood altering chemicals including cannabis and alcohol seems to work best. LIFE ON LIFES TERMS.
- No other entheogenic drugs should be used for 90 days post Ibogaine in my opinion. We just don’t have enough science based evidence to proceed in this

Dedicated to Jeffrey Kamlet – a true professional, an explorer and a truly exceptional man with a great mission – to help the whole humanity!

There are a lot of secrets and mysteries in the universe, but not everyone can solve them.

Jeffrey has managed to lift the shroud of mystery and see the Other Side – the things that we cannot see. Here I would like to describe my picture a bit.

It was meant as an expression of the image and the worldview of this extraordinary man through my own artistic language and philosophy, and I hope that I've managed to express his colorful inner world and rich experience.

The title of the picture is "The One Who Has Seen the Other Side".

It depicts an iboga plant as seen from an artistic and mythological viewpoint of the author. Every little detail has its own meaning. The roots of the plant in the middle right part of the picture form the transformed portrait of Jeffrey Kamlet. Everything here is interconnected and ruled by the forces of nature and mystical harmony.

The image shows the unity of man and nature. Our bodies contain the same elements and energy as the plants, the atoms and the Universe itself. In the background one can see the silhouettes of a man and a woman – they are our Ancestors that point out our sins, teach us and reprogram our conscience. The blooming flower of the iboga plant that enhances the geometric composition is a part of a plane projection of a geometric figure – a Torus. The laws of geometry that can be deduced from the shape of the Flower of Life – the Torus – or the Vector Equilibrium, are the basis of the Unified Conscience that has created the whole universe. By combining the spirituality and geometry one gets the sacred geometry! Here, I've depicted only a tiny part of it, and, like Jeffrey, I've barely touched the Unknown! The picture of the Torus is a model of the Existence!

The image of a piper serves as a metaphor of the act of realization. He has a ngombi, an african musical instrument, in one hand, and a bagpipe transformed from the fruits of iboga in his mouth. The image serves as a symbol of realization and understanding the synthesis of the Elder Knowledge and the Melody of the Universe through experience. Iboga is the Energy of our Ancestors.

The middle and the lower parts of the image:
The image of a porcupine reminds us of the mythology of the origin of iboga, of the legends of Gabon and Cameroon and of the beginnings of the spiritual practice of Bwiti. In the bottom part of the picture one can see a Snail-man that uses the magical pipe of knowledge to grow seeds. The snail is a symbol of eternity, fertility, patience and self-sufficiency. It is a symbol of time standing still.

The left part depicts the root-images. They are living beings that represent our emotions: melancholy, sadness, joy, impressions and so on. The lower part of the picture has a fruit-man with a comb in his pocket and a fish under his arm. He is always in motion seeking knowledge and trying to sate one's spiritual hunger with the fruits of iboga. The comb, according to this interpretation, symbolizes the sun's rays, the rain, the fertility (as in Ancient Egypt), the music and the luck. The fish is a symbol of Jesus Christ. The man is always in motion, in an eternal motion and eternal search, and the wheelu symbolizes the life cycle from its beginning to the very end. This is our infinite motion! The Forward Motion!

Artist Eugene Krylov specifically for Dr. Jeffrey Kamleta (St. Petersburg)